



110 Harvard Oaks Drive, Lake Jackson, TX 77566

Attn: Denice Foose, Registrar

The Five Day Academy for Spiritual Formation®

## Sponsored by

The Center for Congregational Excellence and  
The Center for Clergy Excellence, churches and  
individuals of the Texas Annual Conference of  
the United Methodist church.

### Leadership Team

#### **Annette Breazeale**

Retreat Leader

#### **Steve Langford**

Worship Leader

#### **Denice Foose**

Registrar

#### **Wayne Corprew**

Covenant Group Leader

#### **Kathy Kothmann**

Hospitality

#### **Frankie Watson**

Book Display

### For more information,

Please contact:

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## *Five Day Academy*

*For*

*Spiritual Formation®*



**November 1-6, 2009**

**Lakeview Methodist Conference Center**

**Palestine, Texas**

**The Five Day Academy for Spiritual Formation®**

**A program of Upper Room®Ministries**

## Welcome

The Five Day Academy for Spiritual Formation offers a daily rhythm designed for rest and renewal. The rhythm includes times for rest and renewal. The rhythm also includes time for worship, study, silence and solitude, prayer, spiritual friends—all within the context of Christian community. After you register, additional information will be sent regarding the daily schedule and reading recommendations.

**November 1—6, 2009**

**Sunday 5 pm through Friday lunch**

**Lakeview Methodist Conference Center**

**Palestine, Texas**

### Double Occupancy

**\$450.00 by October 1**  
**\$500.00 after October 1**

### Single Occupancy availability limited

**\$500.00 by October 1**  
**\$550.00 after October 1**

A \$50.00 non-refundable deposit is due with registration. The balance of the registration is due by October 26, 2009.

Cost includes lodging, all meals, snacks, materials and tuition.

## Accommodations

Lakeview Methodist Conference Center in East Texas provides the setting for this Five Day Academy. The beautiful wooded grounds have hiking trails as well as a prayer labyrinth. Rooms are motel style with private bath. Bed and bath linens are provided. Meals are served in the cafeteria.

Lakeview Methodist Conference Center is a ministry of the Texas Annual Conference of the United Methodist Church and is committed to its mission.

## Staying in Love with God



**Elizabeth Canham**

*Retreat Leader and Author*

### Praying the Psalms

Elizabeth Canham is an ordained Episcopal priest, author, spiritual director and former seminary professor. She has been leading pilgrimages and retreats for twenty-five years, most recently to South Africa. Liz is a frequent presenter for the Academy for Spiritual Formation. Her books include: *Heart Whispers*, *Praying the Bible*, *A Table of Delight*, and most recently, *Ask the Animals*, meditations on experiences of prayer through different animals.

### Robert Benson

*Retreat Leader and Author*

### Living Prayer



Robert Benson is an author, retreat leader, lecturer—and a person of prayer. He describes himself as “listener to the Voice and a teller of the Story.” His focus on the contemplative life is reflected in his 12 published books, including *Living Prayer*, *Venite: A Book of Daily Prayer*, *Between the Dreaming and the Coming True*, and his most recent, *The Echo Within: Finding Your True Calling*. Robert is also an avid baseball fan.

### Five Day Academy for Spiritual Formation (November 1-6, 2009) Registration Form

Name as you wish on your name tag: \_\_\_\_\_

Lay     Male     First time to attend an Academy     Attended Academy in past  
 Clergy     Female

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Email address \_\_\_\_\_

Church \_\_\_\_\_ Denomination/Conference \_\_\_\_\_

Preferred Roommate \_\_\_\_\_  No Preference

Special Needs \_\_\_\_\_

Please complete all information

Send check payable to TAC (Texas Annual Conference) to:

Denice Foose – 110 Harvard Oaks Dr. Lake Jackson, TX 77566